



North America Institute of

Vihangam Yoga

A Powerful Meditation Technique

Sadguru Sadafal Deo Ji Maharaj

Think ...

Have you ever noticed a constant, unwanted chit-chat going in your mind?
How many times you really had a choice to lead life the way you wanted?

**Many symptoms, one disease –
“Constant Enslavement” to mind!**

Breaking this constant enslavement is called “Enlightenment”.
Enlightenment as way of life is called “Sustained Enlightenment”.

**Vihangam Yoga comes aboard with
the unique technique of meditation
to mind!**



Get Ready to Witness
Transformation

Trainer : Mr. Vijay Kumar
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Trainer Profile:-

Professional:

**B.Tech from IIT Kharagpur
Team Lead, HP at Dublin(OH)**

Vihangam:

**Authorized instructor for USA,
China and India**